## Procedure Guide for Eyelash Extensions

This is a service using cyanoacrylate based adhesive to bond synthetic extensions to the natural lash. Based on the health + condition of your natural lashes, we create the illusion of increased density and length. With proper aftercare, extensions can be maintained bi-weekly with scheduled fills.

We perform a consultation to explore your expectations and answer any questions you may have. Please communicate all questions, concerns, or preferences with your artist during the consultation. We will review your intake information to ensure there are no contraindications that apply.

The following professional supplies are used (not limited to) for eyelash extension application:

- surgical tape (paper, foam, etc)
- skincare enriched under-eye gel pads (niacinamide, collagen, aloe, etc)
- tea tree enriched lash cleanser
- oil free lash cleanser
- micellar water
- synthetic PBT fibers
- makeup remover
- water
- cyanoacrylate extension adhesive

The following potential risks may arise with cosmetic lash application:

- Mild to moderate irritation
- Mild to moderate tearing as a result of adhesive sensitivity
- Histamine reaction swelling or itching sensation
- Abrasion

Allergic responses are uncommon but a potential outcome during acrylate exposure.

In the event of an allergic reaction, removal will be provided at no cost. No refunds are applicable.

# Pre-Appointment Instructions:

You will receive booking confirmation + additional reminders via text/email.

- Arrive to your appointment free of makeup, including foundation/concealers.
- Avoid stimulants such as caffeine, fat burners, or other medication that will disrupt relaxation
- Avoid rich, oil rich skincare products prior appointment.
- We encourage the use of headphones during your appointment
- Use the restroom prior to settling in
- Set phone on silent, you will be unable to text or make calls during the procedure

### **During**

#### **Procedure:**

- We start with a gentle foam+ warm water cleanse
- You will be laying down on your back for up to 3+ hours (dependent on service)
- Your eyes will stay closed the entirety of the procedure
- Refrain from talking. Shifting and moving of the face can cause problematic shifting of tape/pads.
- Stay relaxed + still, sleep is encouraged!
- Communicate with your artist if you feel any symptoms of discomfort during the procedure.
- Ensure you have blocked your schedule appropriately through the duration of your appointment.

#### **Post**

#### **Procedure:**

- Avoid exercise + heavy moisture exposure for at least 4-6 hours post application.
- Avoid makeup + skincare touching the lashes for at least 4-6 hours post application.
- Execute proper aftercare to ensure your extensions stay healthy + intact.
- Book your fill appointment.

#### Aftercare:

- Avoid all products with oil, including make-up removers, cleansers, etc.
- Cleanse twice DAILY using your foam lash cleanser + cleansing brush.
- After gently cleansing, use mini fan to dry the lashes while gently brushing to renew extensions.
- Avoid using gel, pencil, or liquid eyeliners.
- Use micellar water or oil free makeup remover to gently dissolve makeup around the eyes prior to cleansing.
- Avoid saunas + high heat/humidity environments
- Use a facial towel in the shower to cleanse.
- Apply extension safe growth serum along the lash line nightly after cleansing
- Never pick or pull at extensions
- Never use a lash curler
- Use only lint-free wipes/wands along lash line
- Practice conscious sleeping habits, avoid crushing extensions.

#### Maintenance:

Fills are recommended maintenance to upkeep your lash extension set. During a fill appointment:

- Add extensions to recent natural lash growth
- Remove overgrown extensions
- Re-shape + revive your set
- Assess natural lash health + wellness

A fill appointment requires at least 35% extension coverage. If you present less than 35% remaining coverage, a full set is required to achieve a renewed "full set" look.

### Appointment Policy:

We encourage you to pre-book your appointments to support consistent lash maintenance. Clients who pre-book fills have access to priority scheduling slots including evening + weekend availability. You can manage your upcoming appointments online via <a href="https://square.site/book/FDRT0Z7R48BPR/wispy-lash-irving-tx">https://square.site/book/FDRT0Z7R48BPR/wispy-lash-irving-tx</a>